				KW Kirkwall				
				IV Inverness	AB Aberdeen			
				PH Perth	DD Dundee			
			PA Paisley	FK Falkirk	KY Kirkcaldy			
			G Glasgow	ML Motherwell	EH Edinburgh			
			KA Kilmarnock	DG Dumfries	TD Berwick on Tweed	NE Newcastle		
				CA Carlisle	DL Darlington	DH Durham	SR Sunderland	
				LA Lancaster	BD Bradford	HG Harrogate	TS Teeside	
		FY Blackpool	PR Preston	BB Blackburn	HX Halifax	LS Leeds	YO York	
	L L/Pool	WN Wigan	BL Bolton	OL Oldham	HD Huddersfield	WF Wakefield	HU Hull	
		WA War'ton	M Manch'er	SK Stockport	S Sheffield	DN Doncaster		
LL Llandudno	CH Chester	CW Crewe	ST Stoke	DE Derby	NG Nottingham	LN Lincoln		
SY Shrewsbury	TF Telford	WV Wolv'ton	WS Walsall	B Birm'ham	LE Leicester	PE P'Boro	NR Norwich	
SA Swansea	LD Llanl. Wells	HR Hereford	DY Dudley	WR Worc's	CV Coventry	NN Northampton	CB Cambridge	IP Ipswich
	CF Cardiff	NP Newport	GL Gloc's	OX Oxford	MK M'Keynes	SG Stevenage	CM Chelmsford	CO Colchester
		BS Bristol	SN Swindon	HP Hemel H.	LU Luton	AL St Albans	EN Enfield	IG RM	SS South End
	TA Taunton	BA Bath	SP Salisbury	RG	LONDON		DA Dartford	
				SL				
	EX Exeter	DT Dorch.	BH B'mouth	SO S.hampton	GU Guildford	RH Redhill	TN Tunbridge	ME Medway	CT Cantb.
PL Plymouth	TQ Torquay				PO P'mouth	BN Brighton		
TR Truro								

PLEASE CONTACT OFFICE
CARRIER / SPECIAL DELIVERY SERVICE
TUES & THURS WEEKLY
MON/WEDS/FRIDAY WEEKLY

SCOTLAND 18t ROUTE WEEKLY
DEVON 18t ROUTE WEEKLY
WALES ROUTE - 1 DAY PER WEEK
SOUTH COAST ROUTE WEEKLY
LONDON NORTH - MON & WEDS
LONDON SOUTH - MON & THURS

LONDON				
WD	NW	N	E	IG
HA	W	WC	EC	RM
UB	TW	SW	SE	DA
	KT	SM	CR	BR

Please note:

** We will endeavour to adhere to this delivery schedule wherever possible
**Please provide both landline & mobile telephone contact numbers for site deliveries
**Orders over 5m in length and/or over 150kg MAY be subject to extended lead times

Order Deadlines	Delivery Day	Colour Key
Tuesday	Monday	
Wednesday	Tuesday	
Thursday	Wednesday	
Friday	Thursday	
Monday	Friday	
Tuesday	South Coast Route	
Tuesday	Devon Route	
Tuesday	Scotland	
Monday	Wales	